

Casco Bay YMCA Toughen Up Challenge - 2/24/2013

Results

Event 1 Women 18-24 400 Yard IM

1 Johnston, Catherine	22	MESC!-NE	5:43.51
	37.89	44.86	43.92 43.29
	51.03	49.84	36.43 36.25

Event 1 Women 25-29 400 Yard IM

1 McGrail, Crystie	28	GBM-NE	5:24.51
	34.92	41.48	41.39 40.95
	45.97	46.08	36.84 36.88
--- Blazek, Emily	28	MESC!-NE	SCR

Event 1 Women 50-54 400 Yard IM

1 Uecker, Anne	52	MESC!-NE	5:57.71
	35.54	41.93	46.37 45.31
	54.41	55.26	40.05 38.84

Event 1 Women 60-64 400 Yard IM

1 Panayotoff, Kristi	64	MESC!-NE	7:56.55
	52.28	58.88	58.57 58.06
	1:08.53	1:06.33	57.16 56.74

Event 1 Men 18-24 400 Yard IM

1 Lin, Howard	19	Unattached	6:39.73
	31.64	47.52	51.67 50.61
	55.80	59.69	51.29 51.51

Event 1 Men 35-39 400 Yard IM

1 Hutchinson, Jeremy	37	MESC!-NE	4:35.37
	27.29	31.36	36.18 34.97
	39.88	40.15	33.09 32.45

Event 1 Men 45-49 400 Yard IM

--- Shumadine, John	45	MESC!-NE	SCR
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Event 1 Men 50-54 400 Yard IM

--- Roth, Douglas	51	MESC!-NE	NS
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Event 1 Men 55-59 400 Yard IM

1 Lowden, Reed	58	MESC!-NE	6:22.18
	40.04	46.29	51.17 52.66
	52.05	50.95	44.46 44.56

Event 1 Men 65-69 400 Yard IM

1 Rupert, Bill	69	MESC!-NE	7:22.91
	49.30	57.97	50.06 50.43
	1:08.31	1:08.09	48.87 49.88

Event 2 Women 25-29 50 Yard Backstroke

1 Stanilova, Tsveta	27	MESC!-NE	32.77
2 Venhuizen, Katrina	27	Unattached	33.50
4 Powell, Sam	26	GBM-NE	40.98

Event 2 Women 35-39 50 Yard Backstroke

1 Kelsch, Leah	37	MESC!-NE	41.16
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Event 2 Women 45-49 50 Yard Backstroke

1 Spaulding, Jessica	48	Unattached	56.34
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Event 2 Women 50-54 50 Yard Backstroke

1 Estabrook, Mary	51	MESC!-NE	35.97
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Event 2 Women 75-79 50 Yard Backstroke

--- Kamphausen, Ronnie	78	MESC!-NE	SCR
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Event 2 Men 25-29 50 Yard Backstroke

1 Gray, Zachary	29	MESC!-NE	30.76
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Event 2 Men 30-34 50 Yard Backstroke

1 Eastman, Jeffrey	32	Unattached	31.63
2 Nguyen, Son	33	MESC!-NE	33.67

Event 2 Men 50-54 50 Yard Backstroke

1 Regan, Michael	52	Unattached	31.03
2 McKinney, Maury	52	Unattached	31.09
3 Larkins, Nelson	51	Unattached	39.34

Event 2 Men 55-59 50 Yard Backstroke

1 Syphers, Dale	56	MESC!-NE	31.87
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Event 2 Men 70-74 50 Yard Backstroke

1 Pride, H Douglas	70	MESC!-NE	45.52
--- Ginn, Roger	70	MESC!-NE	SCR

Event 3 Women 35-39 100 Yard Breaststroke

1 Gagnon, Nicole	39	MESC!-NE	1:34.78
	44.32	50.46	

Event 3 Men 45-49 100 Yard Breaststroke

--- Gardella, Randy	46	MESC!-NE	SCR
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Event 3 Men 50-54 100 Yard Breaststroke

1 Lin, Arthur	50	MESC!-NE	1:21.74
	38.58	43.16	

Event 4 Women 18-24 200 Yard Freestyle

1 Johnston, Catherine	22	MESC!-NE	2:17.75
	32.31	35.24	35.51 34.69

Event 4 Women 25-29 200 Yard Freestyle

1 McGrail, Crystie	28	GBM-NE	2:18.30
	32.39	34.82	36.31 34.78
2 Skidmore, Meg	28	Unattached	3:19.44
	42.38	48.96	54.03 54.07
--- Blazek, Emily	28	MESC!-NE	SCR

Event 4 Women 50-54 200 Yard Freestyle

1 Uecker, Anne	52	MESC!-NE	2:27.55
	34.10	37.86	38.12 37.47

Event 4 Women 60-64 200 Yard Freestyle

1 Panayotoff, Kristi	64	MESC!-NE	3:30.79
	47.68	54.07	55.10 53.94

Event 4 Men 18-24 200 Yard Freestyle

1 Larkins, William	18	Unattached	2:39.47
2 Lin, Howard	19	Unattached	2:48.28
	33.30	41.38	44.52 49.08

Event 4 Men 25-29 200 Yard Freestyle

1 Noyes, Brent	28	MESC!-NE	2:13.93
	30.36	32.70	34.92 35.95

Event 4 Men 35-39 200 Yard Freestyle

1 Hutchinson, Jeremy	37	MESC!-NE	1:57.25
	26.32	30.00	30.69 30.24
2 Burke, Will	39	Unattached	2:17.74
	29.00	33.23	35.98 39.53

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Results

Event 4 Men 45-49 200 Yard Freestyle
 1 Vosburgh, Steve 49 Unattached 3:33.47
 45.33 53.38 57.12 57.64
 --- Shumadine, John 45 MESC!-NE SCR

Event 4 Men 50-54 200 Yard Freestyle
 --- Roth, Douglas 51 MESC!-NE NS

Event 4 Men 55-59 200 Yard Freestyle
 1 Lowden, Reed 58 MESC!-NE 2:46.42
 36.38 40.57 43.89 45.58

Event 4 Men 65-69 200 Yard Freestyle
 1 Rupert, Bill 69 MESC!-NE 2:55.22
 39.28 44.09 46.63 45.22

Event 5 Women 25-29 50 Yard Butterfly
 *1 Stanilova, Tsveta 27 MESC!-NE 32.59
 *1 Powell, Sam 26 GBM-NE 44.62

Event 5 Women 35-39 50 Yard Butterfly
 1 Kelsch, Leah 37 MESC!-NE 37.40

Event 5 Women 50-54 50 Yard Butterfly
 1 Estabrook, Mary 51 MESC!-NE 29.95

Event 5 Women 75-79 50 Yard Butterfly
 --- Kamphausen, Ronnie 78 MESC!-NE SCR

Event 5 Men 25-29 50 Yard Butterfly
 1 Gray, Zachary 29 MESC!-NE 28.98

Event 5 Men 30-34 50 Yard Butterfly
 1 Eastman, Jeffrey 32 Unattached 28.80
 2 Nguyen, Son 33 MESC!-NE 29.84

Event 5 Men 50-54 50 Yard Butterfly
 1 Regan, Michael 52 Unattached 27.25
 2 McKinney, Maury 52 Unattached 28.23
 3 Larkins, Nelson 51 Unattached 37.74

Event 5 Men 55-59 50 Yard Butterfly
 1 Syphers, Dale 56 MESC!-NE 30.97

Event 5 Men 70-74 50 Yard Butterfly
 --- Pride, H Douglas 70 MESC!-NE DQ
 --- Ginn, Roger 70 MESC!-NE SCR

Event 6 Women 25-29 100 Yard Backstroke
 1 Venhuizen, Katrina 27 Unattached 1:14.37
 36.00 38.37

Event 6 Men 50-54 100 Yard Backstroke
 1 Lin, Arthur 50 MESC!-NE 1:35.96
 47.06 48.90

Event 7 Women 18-24 200 Yard Breaststroke
 1 Johnston, Catherine 22 MESC!-NE 3:15.51
 46.05 51.57 48.79 49.10

Event 7 Women 25-29 200 Yard Breaststroke
 1 McGrail, Crystie 28 GBM-NE 2:58.35
 41.00 46.72 45.06 45.57
 --- Blazek, Emily 28 MESC!-NE SCR

Event 7 Women 35-39 200 Yard Breaststroke
 1 Gagnon, Nicole 39 MESC!-NE 3:27.16
 46.83 52.34 54.58 53.41

Event 7 Women 50-54 200 Yard Breaststroke
 1 Uecker, Anne 52 MESC!-NE 3:22.64
 48.42 51.32 51.28 51.62

Event 7 Women 60-64 200 Yard Breaststroke
 1 Panayotoff, Kristi 64 MESC!-NE 4:06.13
 56.32 1:03.01 1:03.94 1:02.86

Event 7 Men 18-24 200 Yard Breaststroke
 1 Lin, Howard 19 Unattached 3:28.07
 42.68 52.75 55.66 56.98

Event 7 Men 35-39 200 Yard Breaststroke
 1 Hutchinson, Jeremy 37 MESC!-NE 2:28.24
 32.90 37.95 38.82 38.57

Event 7 Men 45-49 200 Yard Breaststroke
 --- Gardella, Randy 46 MESC!-NE SCR
 --- Shumadine, John 45 MESC!-NE SCR

Event 7 Men 50-54 200 Yard Breaststroke
 --- Roth, Douglas 51 MESC!-NE SCR

Event 7 Men 55-59 200 Yard Breaststroke
 1 Lowden, Reed 58 MESC!-NE 3:00.12
 40.39 45.71 47.73 46.29

Event 7 Men 65-69 200 Yard Breaststroke
 1 Rupert, Bill 69 MESC!-NE 4:05.00
 52.38 1:01.34 1:06.51 1:04.77

Event 8 Women 25-29 50 Yard Freestyle
 1 Stanilova, Tsveta 27 MESC!-NE 28.74
 2 Venhuizen, Katrina 27 Unattached 29.29
 3 Powell, Sam 26 GBM-NE 34.52
 4 Skidmore, Meg 28 Unattached 37.43

Event 8 Women 35-39 50 Yard Freestyle
 1 Kelsch, Leah 37 MESC!-NE 32.53

Event 8 Women 50-54 50 Yard Freestyle
 1 Estabrook, Mary 51 MESC!-NE 27.98

Event 8 Women 75-79 50 Yard Freestyle
 --- Kamphausen, Ronnie 78 MESC!-NE SCR

Event 8 Men 18-24 50 Yard Freestyle
 1 Larkins, William 18 Unattached 35.04

Event 8 Men 25-29 50 Yard Freestyle
 1 Gray, Zachary 29 MESC!-NE 24.18
 2 Noyes, Brent 28 MESC!-NE 26.30

Event 8 Men 30-34 50 Yard Freestyle
 1 Eastman, Jeffrey 32 Unattached 26.43
 2 Nguyen, Son 33 MESC!-NE 27.24

Event 8 Men 35-39 50 Yard Freestyle
 1 Burke, Will 39 Unattached 27.47

Event 8 Men 45-49 50 Yard Freestyle
 1 Vosburgh, Steve 49 Unattached 49.29

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Results

Event 8 Men 50-54 50 Yard Freestyle

1	Regan, Michael	52	Unattached	24.55
2	McKinney, Maury	52	Unattached	26.34
3	Mcardle, Thomas	53	MESC!-NE	26.82
4	Larkins, Nelson	51	Unattached	34.31

Event 8 Men 55-59 50 Yard Freestyle

1	Syphers, Dale	56	MESC!-NE	26.95
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Event 8 Men 70-74 50 Yard Freestyle

1	Pride, H Douglas	70	MESC!-NE	37.60
---	Ginn, Roger	70	MESC!-NE	SCR

Event 10 Men 50-54 100 Yard Butterfly

1	Lin, Arthur	50	MESC!-NE	1:27.94
	39.33	48.61		

Event 11 Women 25-29 50 Yard Breaststroke

1	Stanilova, Tsveta	27	MESC!-NE	40.04
2	Skidmore, Meg	28	Unattached	46.36
3	Powell, Sam	26	GBM-NE	1:00.89

Event 11 Women 35-39 50 Yard Breaststroke

1	Kelsch, Leah	37	MESC!-NE	42.58
2	Gagnon, Nicole	39	MESC!-NE	43.71

Event 11 Women 45-49 50 Yard Breaststroke

1	Spaulding, Jessica	48	Unattached	47.23
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Event 11 Women 50-54 50 Yard Breaststroke

1	Estabrook, Mary	51	MESC!-NE	39.53
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Event 11 Women 75-79 50 Yard Breaststroke

---	Kamphausen, Ronnie	78	MESC!-NE	SCR
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Event 11 Men 25-29 50 Yard Breaststroke

1	Gray, Zachary	29	MESC!-NE	34.41
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Event 11 Men 30-34 50 Yard Breaststroke

1	Nguyen, Son	33	MESC!-NE	33.30
2	Eastman, Jeffrey	32	Unattached	36.40

Event 11 Men 35-39 50 Yard Breaststroke

1	Burke, Will	39	Unattached	37.47
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Event 11 Men 45-49 50 Yard Breaststroke

1	Vosburgh, Steve	49	Unattached	1:03.02
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Event 11 Men 50-54 50 Yard Breaststroke

1	McKinney, Maury	52	Unattached	33.91
2	Regan, Michael	52	Unattached	34.03
3	Larkins, Nelson	51	Unattached	42.91

Event 11 Men 55-59 50 Yard Breaststroke

1	Syphers, Dale	56	MESC!-NE	38.47
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Event 11 Men 70-74 50 Yard Breaststroke

1	Pride, H Douglas	70	MESC!-NE	56.48
---	Ginn, Roger	70	MESC!-NE	SCR

Event 12 Women 18-24 200 Yard Backstroke

1	Johnston, Catherine	22	MESC!-NE	2:39.03
	38.68	41.23	40.02	39.10

Event 12 Women 25-29 200 Yard Backstroke

1	McGrail, Crystie	28	GBM-NE	2:33.37
	35.69	38.72	39.44	39.52
---	Blazek, Emily	28	MESC!-NE	SCR

Event 12 Women 50-54 200 Yard Backstroke

1	Uecker, Anne	52	MESC!-NE	2:40.42
	38.71	40.74	41.10	39.87

Event 12 Women 60-64 200 Yard Backstroke

1	Panayotoff, Kristi	64	MESC!-NE	3:43.12
	52.90	55.97	57.37	56.88

Event 12 Men 18-24 200 Yard Backstroke

1	Lin, Howard	19	Unattached	2:59.72
	39.21	43.46	47.33	49.72

Event 12 Men 35-39 200 Yard Backstroke

1	Hutchinson, Jeremy	37	MESC!-NE	2:05.15
	29.05	31.55	32.05	32.50

Event 12 Men 45-49 200 Yard Backstroke

---	Shumadine, John	45	MESC!-NE	SCR
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Event 12 Men 50-54 200 Yard Backstroke

---	Roth, Douglas	51	MESC!-NE	SCR
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Event 12 Men 55-59 200 Yard Backstroke

1	Lowden, Reed	58	MESC!-NE	3:16.61
	46.23	47.03	52.76	50.59

Event 12 Men 65-69 200 Yard Backstroke

1	Rupert, Bill	69	MESC!-NE	2:57.12
	41.28	44.36	46.45	45.03

Event 13 Women 25-29 100 Yard Freestyle

1	Venhuiizen, Katrina	27	Unattached	1:09.02
	32.37	36.65		
2	Skidmore, Meg	28	Unattached	1:34.46
	44.27	50.19		

Event 13 Men 18-24 100 Yard Freestyle

1	Larkins, William	18	Unattached	1:12.20
	35.95	36.25		

Event 13 Men 25-29 100 Yard Freestyle

1	Noyes, Brent	28	MESC!-NE	58.39
	27.87	30.52		

Event 13 Men 35-39 100 Yard Freestyle

1	Burke, Will	39	Unattached	1:03.60
	30.02	33.58		

Event 13 Men 45-49 100 Yard Freestyle

1	Vosburgh, Steve	49	Unattached	1:35.06
	44.25	50.81		
---	Gardella, Randy	46	MESC!-NE	SCR

Event 13 Men 50-54 100 Yard Freestyle

1	Mcardle, Thomas	53	MESC!-NE	1:00.22
	28.60	31.62		
2	Lin, Arthur	50	MESC!-NE	1:22.73
	40.02	42.71		

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Results

Event 14 Women 25-29 100 Yard IM			
1	Stanilova, Tsveta	27 MESC!-NE	1:12.39
	32.80	39.59	
2	Powell, Sam	26 GBM-NE	1:35.87
	43.54	52.33	
Event 14 Women 35-39 100 Yard IM			
1	Kelsch, Leah	37 MESC!-NE	1:24.57
	40.20	44.37	
Event 14 Women 45-49 100 Yard IM			
1	Spaulding, Jessica	48 Unattached	1:30.73
	43.66	47.07	
Event 14 Women 50-54 100 Yard IM			
1	Estabrook, Mary	51 MESC!-NE	1:12.84
	34.56	38.28	
Event 14 Women 75-79 100 Yard IM			
---	Kamphausen, Ronnie	78 MESC!-NE	SCR
Event 14 Men 25-29 100 Yard IM			
1	Gray, Zachary	29 MESC!-NE	1:04.64
	30.96	33.68	
2	Noyes, Brent	28 MESC!-NE	1:16.91
	36.40	40.51	
Event 14 Men 30-34 100 Yard IM			
1	Eastman, Jeffrey	32 Unattached	1:07.71
	30.26	37.45	
2	Nguyen, Son	33 MESC!-NE	1:08.42
	32.77	35.65	
Event 14 Men 35-39 100 Yard IM			
1	Burke, Will	39 Unattached	1:16.13
	36.34	39.79	
Event 14 Men 50-54 100 Yard IM			
1	Regan, Michael	52 Unattached	1:03.38
	30.14	33.24	
2	McKinney, Maury	52 Unattached	1:06.10
	30.70	35.40	
3	Mcardle, Thomas	53 MESC!-NE	1:17.99
	36.76	41.23	
4	Larkins, Nelson	51 Unattached	1:24.90
	38.22	46.68	
5	Lin, Arthur	50 MESC!-NE	1:25.45
	42.08	43.37	
Event 14 Men 55-59 100 Yard IM			
1	Syphers, Dale	56 MESC!-NE	1:11.45
	32.42	39.03	
Event 14 Men 70-74 100 Yard IM			
---	Pride, H Douglas	70 MESC!-NE	SCR
---	Ginn, Roger	70 MESC!-NE	SCR
Event 15 Women 18-24 200 Yard Butterfly			
1	Johnston, Catherine	22 MESC!-NE	3:07.76
	41.92	50.25	49.74 45.85

Event 15 Women 25-29 200 Yard Butterfly			
1	McGrail, Crystie	28 GBM-NE	2:54.62
	37.20	43.05	46.36 48.01
---	Blazek, Emily	28 MESC!-NE	SCR
Event 15 Women 50-54 200 Yard Butterfly			
1	Uecker, Anne	52 MESC!-NE	2:46.90
	36.58	42.22	44.22 43.88
Event 15 Women 60-64 200 Yard Butterfly			
1	Panayotoff, Kristi	64 MESC!-NE	3:57.37
	52.58	1:00.24	1:02.65 1:01.90
Event 15 Men 18-24 200 Yard Butterfly			
1	Lin, Howard	19 Unattached	3:14.56
	37.58	48.41	53.26 55.31
Event 15 Men 35-39 200 Yard Butterfly			
1	Hutchinson, Jeremy	37 MESC!-NE	2:06.33
	27.95	32.49	32.76 33.13
Event 15 Men 45-49 200 Yard Butterfly			
---	Shumadine, John	45 MESC!-NE	SCR
Event 15 Men 50-54 200 Yard Butterfly			
---	Roth, Douglas	51 MESC!-NE	NS
Event 15 Men 55-59 200 Yard Butterfly			
1	Lowden, Reed	58 MESC!-NE	3:08.87
	41.51	47.37	50.42 49.57
Event 15 Men 65-69 200 Yard Butterfly			
1	Rupert, Bill	69 MESC!-NE	4:24.99
	52.99	1:06.83	1:13.47 1:11.70
Event 16 Women 18+ 200 Yard Freestyle Relay			
1	Unattached	F	2:02.21
	1) Kelsch, Leah W37	2) Venhuizen, Katrina W27	
	3) Stanilova, Tsveta W27	4) Johnston, Catherine W22	
	33.45	29.08	30.78 28.90
Event 16 Men 18+ 200 Yard Freestyle Relay			
1	Unattached	G	1:54.52
	1) Eastman, Jeffrey M32	2) Burke, Will M39	
	3) Nguyen, Son M33	4) Lin, Howard M19	
	26.90	28.99	28.00 30.63
Event 16 Men 25+ 200 Yard Freestyle Relay			
1	Unattached	E	1:44.17
	1) Hutchinson, Jeremy M37	2) McArdle, Tom M53	
	3) Noyes, Brent M28	4) Gray, Zachary M29	
	24.72	27.46	26.87 25.12
Event 16 Men 45+ 200 Yard Freestyle Relay			
1	Unattached	A	2:15.17
	1) Lin, Arthur M50	2) Pride, H Douglas M70	
	3) Rupert, Bill M69	4) Lowden, Reed M58	
	34.05	34.91	34.76 31.45
Event 16 Mixed 18+ 200 Yard Freestyle Relay			
1	Unattached	C	2:31.35
	1) Gagnon, Nicole W39	2) Panayotoff, Kristi W64	
	3) Larkins, Nelson M51	4) Larkins, William M18	
	40.10	45.16	33.17 32.92

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Results

Event 16 Mixed 25+ 200 Yard Freestyle Relay

1	Unattached	B			2:22.77
	1) Vosburgh, Steve M49	2) Skidmore, Meg W28			
	3) Spaulding, Jessica W48	4) McKinney, Maury M52			
	43.56 37.48	34.87 26.86			

Event 16 Mixed 45+ 200 Yard Freestyle Relay

---	Unattached	D			DQ
	1) Syphers, Dale M56	2) Estabrook, Mary W51			
	3) Uecker, Anne W52	4) Regan, Michael M52			
	27.44 28.33	32.30 27.48			